



NORTH CAROLINA  
**DANCETHEATRE**  
SCHOOL OF DANCE

## 2009-2010 Class Schedule & Tuition

NCDT = NC Dance Theatre Studios, 622 East 28th Street, Suite 113 (corner of North Davidson & 28th Streets)  
SS = 345 North College Street (corner of College & 7th Street)  
CCDS = 1440 Carmel Road (corner of Fairview Ave & Carmel Rd)

### EARLY DANCE DIVISION

#### CREATIVE MOVEMENT

Students explore musicality, rhythm and the concept of moving creatively through space. Class includes stretching, basic strengthening, balance, motor skills and coordination. Basic dance vocabulary and positions are learned through imagery.

**ages 3-4** (must be 3 by September 1)

Friday	3:30 - 4:15	CCDS	Guerdat
Tues	4:00 - 4:45	SS	Jax
Sat	9:30 - 10:15	SS	Ingram

#### PRE-BALLET

Class emphasizes musicality and encourages individual creative expression. A higher skill level is required for balance and coordination. Basic classical ballet vocabulary is introduced with some French terminology.

**age 5**

Fri	4:15 - 5	CCDS	Guerdat
Tues	4:45 - 5:30	SS	Jax
Sat	10:15 - 11	SS	Ingram

#### BEGINNING BALLET

A structured ballet class with more advanced stretching and strengthening exercises. Class emphasizes musicality, balance and coordination while strengthening the body core. Barre and centre work are introduced as well as more advanced French terminology. This class is a prerequisite for the Children's Division and requirements of Ballet 1.

**age 6**

Fri	5 - 6	CCDS	Guerdat
Wed	4:15 - 5:15	SS	S Berry
Sat	11:30 - 12:30	SS	Guerdat

## CHILDREN'S DIVISION

### BALLET 1

A traditionally structured ballet class incorporating the next level in the classical ballet syllabus. Students learn to do a full barre and centre work. More challenging steps are introduced with an emphasis on musicality, body alignment, technique and overall strengthening.

*required: 2 days a week*

*also recommended: Modern 1 & Jazz 1*

**ages 7-8**

Mon	4:30 - 6	CCDS	Dimitrijevic
Wed	4:30 - 6	CCDS	Dimitrijevic
Tues	4:30 - 6	SS	Dimitrijevic
Thurs	4:30 - 6	SS	Dimitrijevic

### MODERN 1

A first introduction to Modern dance. Students explore various movement styles, spatial relationships and rhythmic patterns in a structured class environment. Students will begin to explore individual creative expression through guided exercises.

**ages 7-8**

Wed	6 - 6:45	CCDS	Jax
Tues	6 - 6:45	SS	Jax

### JAZZ 1

Students learn rhythm, syncopation, isolation and improvisation in this introductory class. Basic jazz vocabulary and technique are taught and individual expression and style are encouraged. Students gain strength, flexibility, endurance and coordination while dancing to the upbeat music of today.

**ages 7-8**

Mon	6 - 6:45	CCDS	Tucker
Thurs	6 - 6:45	SS	Tucker

### BALLET 2

An increased level of technical proficiency for barre and centre work in the classical ballet syllabus. A continued emphasis on body alignment, overall strengthening and the usage of French terminology.

*Required: 3 days a week*

*Also recommended: Modern 2; Jazz 2; Musical Theater Dance*

**ages 9-10**

Tues	4:30 - 6	CCDS	S Berry
Thurs	4:30 - 6	CCDS	S Berry
Sat	9:30 - 11	CCDS	S Berry
Mon	4:30 - 6	SS	A Ingram
Wed	4:30 - 6	SS	A Ingram
Sat	11 - 12:30	SS	A Ingram

### BEGINNING POINTE

This class is designed to develop proper strength and alignment for the demands of pointe work. Students will learn the fundamentals of buying, preparing and wearing pointe shoes. Beginning exercises at the barre are incorporated.

**age 10; 2<sup>ND</sup> year Ballet 2 students**

Sat	11 - 11:45	CCDS	S Berry
Sat	12:30 - 1:15	SS	A Ingram

## **MODERN 2**

Modern 2 continues the concepts introduced in Modern 1. Students also begin to learn more specific movement vocabulary from the major Modern techniques. They will also continue to explore individual creative expression.

**ages 9-10**

Thurs 6 - 7            CCDS Jax  
Mon 6 - 7            SS Jax

## **JAZZ 2**

This class builds on the basic jazz vocabulary and technique introduced in Jazz 1. Students continue learning rhythm, syncopation, isolation and improvisation. Strength, flexibility, endurance and coordination are increased while dancing to the upbeat music of today.

**ages 9-10**

Tues 6 - 7            CCDS Tucker  
Wed 6 - 7            SS Tucker

## **MUSICAL THEATER DANCE**

Musical Theater Dance exposes students to various theatrical dance styles and performance techniques, focusing on expression, character development, and quality of movement. Students will learn combinations from various musical theater productions. *Singing is not required.*

**ages 9-16**

Thurs 7 - 8            CCDS Read  
Mon 7:15 - 8:15    NCDT Read

## **BOYS SCHOLARSHIP CLASS**

A class for young men to explore dance in an all male environment. Stretching, strengthening, muscle coordination and musicality are all emphasized through an introduction to a variety of dance styles. Sponsors underwrite the class costs to allow talented young men the opportunity to try dance for no cost. An audition is required for admission.

*Required: 2 days a week*

*Also recommended: Modern 1, 2; Jazz 1, 2; Musical Theater Dance*

**ages 8-10**

Tues 6:30 - 7:30    NCDT D Ingram  
Thurs 6:30 - 7:30    NCDT D Ingram

## **INTERMEDIATE DIVISION**

### **BALLET 3**

A more intense level of study in the classical ballet syllabus with an increased emphasis of the use of demi-pointe exercises at the Barre and more challenging enchaînements in centre work. Pointe work is required for the female students.

*Required: 4 days a week*

*Also recommended: Intermediate Modern; Intermediate Jazz; Musical Theater Dance*

#### **ages 11-12**

Mon	4:30 - 6	NCDT	Moriarty
Wed	4:30 - 6	NCDT	Moriarty
Fri	4:30 - 6	NCDT	Dimitrijevic
Sat	10:30 - 12	NCDT	Moriarty

### **POINTE 3**

Students continue to develop strength and placement for dancing on pointe. Instruction on developing proper use of the feet, legs, and center for gradual progression to center work. Class introduces skills and vocabulary specific to pointe.

*Required: 3 days a week*

#### **ages 11-12**

Mon	6 - 7	NCDT	Moriarty
Wed	6 - 7	NCDT	Moriarty
Fri	6 - 7	NCDT	Dimitrijevic

### **INTERMEDIATE MODERN**

Students learn warm up and centre exercises from the major Modern techniques with an emphasis on differentiating various movement qualities. They will also begin to learn more intricate choreography.

#### **ages 11-12**

Sat	12:15 - 1:45	NCDT	S Berry
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### **INTERMEDIATE JAZZ**

More difficult vocabulary offers students the opportunity to explore a higher level of jazz instruction.

#### **ages 11-12**

Wed	7:15 - 8:15	NCDT	Tucker
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### **STUDENT ENSEMBLE 3**

Dance students supplement their classroom training with performance opportunities as members of this student performing company.

#### **ages 11-12**

Sat	2 - 3	NCDT	TBA
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### **MUSICAL THEATER DANCE**

Musical Theater Dance exposes students to various theatrical dance styles and performance techniques, focusing on expression, character development, and quality of movement. Students will learn combinations from various musical theater productions. *Singing is not required.*

#### **ages 9-16**

Mon	7:15 - 8:15	NCDT	Read
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#### **BALLET 4**

A prerequisite level for entrance into the Pre-Professional Division. This class offers an intensive level of training for an increasingly more advanced vocabulary, with a focus on technical and artistic development.

*Required: 4 days a week; 5 days a week for Student Ensemble 4 Members*

*Also Recommended: Intermediate/Advanced Modern & Intermediate/Advanced Jazz; Student Ensemble 4*  
**ages 13-18**

Mon	6:30 - 8	NCDT	Mayo
Tues	4:30 - 6	NCDT	Moriarty
Wed	6:30 - 8	NCDT	Diamond
Thurs	4:30 - 6	NCDT	Moriarty
Sat	12 - 1:30	NCDT	Ferranti

#### **TEEN BALLET PROGRAM**

Specifically designed to strengthen ballet technique. The Teen Ballet Program classes are combined with the Intermediate Ballet classes.

*Required: 3 days a week.*

*Also recommended: Intermediate Modern, Intermediate Jazz (see Intermediate Division)*

**ages 13-18**

Mon	6:45 - 8:15	NCDT	A Ingram
Thurs	6:30 - 8	NCDT	Mayo
Sat	9 - 10:30	NCDT	Mayo

#### **TEEN POINTE**

A Beginning/Intermediate level class designed to introduce the strengthening elements of pointe work to the student studying in the Teen Ballet Program.

*Required: 2 days a week*

Ages 13-18

Mon	8:25 - 9:15	NCDT	TBA
Thurs	8 - 9	NCDT	TBA

#### **POINTE 4**

Continued study of pointe work skills, preparing students to dance and perform on pointe with increased strength and artistry.

*Required for Ballet 4 students*

**ages 13-18**

Mon	8 - 9	NCDT	Mayo
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#### **VARIATIONS 4**

Beginning study of choreographed repertoire, usually solos, from classical and contemporary ballets. Variations performed on pointe.

*Required for Ballet 4 students*

**ages 13-18**

Tues	6 - 7	NCDT	Moriarty
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#### **PAS DE DEUX 4**

An introduction to the fundamental elements of the art of Partnering in the classical ballet repertoire.

*Required for Ballet 4 students*

**ages 13-18**

Thurs	6 - 7	NCDT	Diamond
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### **INTERMEDIATE/ADVANCED MODERN**

The class continues the work of the Intermediate level, but with an emphasis on a higher performance level of work within the classroom. There will also be a push for a more expansive way of moving.

**ages 13-18**

Sat 1:45 - 3:15 NCDT S Berry

### **INTERMEDIATE/ADVANCED JAZZ**

A more advanced vocabulary offers students the opportunity to explore a more intense level of jazz instruction.

**ages 13-18**

Thurs 7:15 - 8:15 NCDT Tucker

### **STUDENT ENSEMBLE 4**

Dance students supplement their classroom training with performance opportunities as members of this student performing company.

**ages 13-18**

Sat 3:30 - 4:30 NCDT TBA

### **MODERN TRACK PROGRAM**

Students interested in further developing their modern dance skills are invited to add another modern class to their current schedule at the Intermediate, Intermediate/Advanced or Advanced level based on their teacher's recommendation. Students registered in the Intermediate, Pre-Professional, or Teen/Adult Divisions can participate in the modern track program. Regular ballet classes are not required to participate in this program but are highly recommended to improve a student's overall technical level.

## **PRE-PROFESSIONAL DIVISION**

The Pre-Professional Division offers a variety of opportunities for the serious dance student to train at the pre-professional level. This division is open to students by audition only. Classes in this division include the afternoon Advanced Level and the all-day Conservatory Program. Students in this division are members of the NC Dance Theatre Repertory Ensemble. Learn more about our UNC Charlotte Certificate & Escrow Programs and the Trainee/Apprentice Program at [ncdance.org](http://ncdance.org).

**Ages 15 – 18+**

### **ADVANCED LEVEL**

The Advanced Level offers classes for the serious ballet student after school and on Saturday mornings six days a week. The Advanced Level prepares students for professional careers in dance as well as for entrance into college dance programs. UNC Charlotte Certificate & Escrow Students train as a part of the Advanced Level.

### **ADVANCED BALLET**

Highest level of ballet offered with emphasis on strength, speed, stamina and technical proficiency.

*Required: 6 days a week*

Mon	4:15 - 5:45	NCDT	McBride
Tue	4:15 - 5:45	NCDT	Diamond
Wed	4:15 - 5:45	NCDT	JP Bonnefoux
Thurs	4:15 - 5:45	NCDT	McBride
Fri	4:15 - 5:45	NCDT	Diamond
Sat	10 - 11:30	NCDT	Ferranti

### **ADVANCED POINTE/VARIATIONS/ PAS DE DEUX**

These classes are designed to further develop the most advanced student's artistry and skill.

*Required for Advanced Ballet students*

Mon	5:45 - 6:45	Adv. Pointe	NCDT	McBride
Tue	5:45 - 6:45	Adv. Pas de Deux	NCDT	Diamond
Thu	5:45 - 6:45	Adv. Variations	NCDT	McBride

### **ADVANCED MODERN**

This class will offer the highest level of challenge in the Modern medium and the students will be encouraged to find not only their technical best, but also a high performance level in their focus, projection, and musicality.

*Required for Advanced Ballet students*

Wed	5:45 - 7:15	NCDT	S Berry
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### **ADVANCED JAZZ**

Highest level of jazz instruction offered in the school with extremely challenging combinations, body strengthening and demanding choreography.

*Required for Advanced Ballet students*

Fri	5:45 - 6:45	NCDT	Tucker
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### **NORTH CAROLINA DANCE THEATRE REPERTORY ENSEMBLE**

The most advanced level student performing company. Appearances in dance festivals throughout the Southeast and in their own performance at the Blumenthal Performing Arts Center each year as part of the school's annual benefit performance. Honor company with Regional Dance America/Southeastern Regional Ballet Association: SERBA.

Thurs	7 - 8	NCDT	
Sat	(times vary)	NCDT	

## **CONSERVATORY PROGRAM**

The Conservatory Program is an all-day study program, offering students the opportunity to integrate their academic studies and dance training. Conservatory students begin their classes in the morning and join the Advanced Level classes in the late afternoon. Trainees and Apprentices train as a part of the Conservatory Program.

### **CONSERVATORY BALLET**

Highest level of ballet offered with emphasis on strength, speed, stamina and technical proficiency.

Mon	9:30 - 11	NCDT	Mayo
Tue	9:30 - 11	NCDT	Mayo
Wed	9:30 - 11	NCDT	McBride
Thurs	9:30 - 11	NCDT	Diamond
Fri	9:30 - 11	NCDT	Perry
Sat	10 - 11:30	NCDT	Ferranti

### **CONSERVATORY SECONDARY CLASSES: MODERN FORMS, COMPOSITION, REPERTORY CLASS, PILATES & YOGA**

Secondary classes are offered immediately following morning ballet class. Modern Forms explores the intricacies of Dunham and Horton technique, Composition teaches students choreography elements, Repertory Class teaches various forms of choreography for performance and Pilates & Yoga strengthen and elongate the body for prevention of injury.

Mon	11:15 - 12:45	Modern Forms	NCDT	A Berry
Tue	1:15 - 12:45	Repertory Rehearsal	NCDT	
Wed	11:15 - 12:45	Composition	NCDT	S Berry
Thurs	11:15 - 12:45	Repertory Rehearsal	NCDT	
Fri	11 - 12	Pilates	NCDT	Perry

## **TEEN/ADULT DIVISION**

### **BEGINNING BALLET**

Learn the fundamentals of classical ballet while experiencing the joy of movement and creative expression inherent in the art form.

Tue 6:45 - 8:15 NCDT A Ingram

### **BEGINNING JAZZ**

Students learn rhythm, syncopation, isolation and improvisation. This class introduces students to basic jazz vocabulary and technique derived from classical ballet and modern, and encourages individual expression and style. Students gain strength, flexibility, endurance and coordination while dancing to the upbeat music of today.

Fri 6:45 - 7:45 NCDT Tucker

### **MODERN**

Review and perform basic dance elements and movement styles as well as learn fun and challenging combinations. The class also focuses on using Modern techniques to tone and strengthen common "trouble" spots for adults.

Wed 9 - 10:30AM NCDT S Berry

## **INTERMEDIATE BALLET**

For students who are at an intermediate level in their ballet training. The class continues to build on the fundamentals of classical ballet while students experience the joy of movement and creative expression inherent in this art form.

Mon 6:45 - 8:15 NCDT A Ingram  
Thurs 6:30 - 8 NCDT Mayo  
Sat 9 - 10:30 NCDT Mayo

## **T-CORE PILATES MAT CLASS**

A no-impact Pilates mat class using ones own body to create longer, leaner muscles, increased flexibility, improved posture and body awareness without adding bulk. This resistance training program also promotes stress relief thru CORE stability and coordinated breathing.

Tue 5 - 6 CCDS Tucker  
Wed 4:30 - 5:30 SS Tucker  
Thurs 4:30 - 5:30 SS Tucker

## **TAP**

This class is recommended for students interested in pursuing tap beyond the elemental level. Students develop technical skills with more complicated tap rhythms and movements while learning combinations and choreography. Emphasis is on exercises designed to acquaint the dancers with the vast tap vocabulary while purifying its sound.

Tue 6:45 - 8:15 SS Jax

## **NURTURING PATHWAYS® Babies**

Join other parents for this fun and creative class that enriches your baby's motor, music and language skills using baby exercises, musical instruments and sensory rich Creative Play Products. The class requires a one-time Parent Pack fee of \$35 payable to the instructor at the first class. The Parent Pack includes two music CD's, three instructional booklets and a music shaker. Nannies, Dads and Caregivers are welcome! Classes runs for 12-week sessions.

### **ages 3 months to pre-walking**

Thurs 9 - 9:45 NCDT A Ingram

## **NURTURING PATHWAYS® Toddlers**

Using rhyming exercises, props and musical instruments, toddlers enjoy developing mastery of their motor skills at a young age. The class requires a one-time Parent Pack fee of \$35 payable to the Instructor at the first class. The Parent Pack includes two music CD's, three instructional booklets and a music shaker. Nannies, Dads and Caregivers are welcome! Classes runs for 12-week session.

### **ages 2-3 with adult**

Thurs 10 - 11 NCDT A Ingram

## TUITION

Classes	Monthly Payments
<b>Early Dance Division</b>	
Creative Movement	\$52
Pre-Ballet	\$52
Beginning Ballet	\$56
<b>Children's Division</b>	
Ballet 1                    2 days a week	\$116
Modern 1	\$52
Jazz 1	\$52
Ballet 2                    3 days a week	\$173
Beginning Pointe 1 day a week	\$31
Modern 2	\$56
Jazz 2	\$56
Musical Theater Dance	\$57
<b>Intermediate Division</b>	
Ballet 3                    4 days a week	\$223
Pointe 3	\$83
Intermediate Modern	\$58
Intermediate Jazz	\$57
Student Ensemble 3	\$33
Musical Theater Dance	\$57
Ballet 4                    4 days a week	\$225
Ballet 4                    5 days a week	\$272
Teen Ballet Program	\$173
Teen Pointe	\$62
Pointe/Variations/Pas de Deux 4	\$83
Intermediate/Advanced Modern	\$58
Intermediate/Advanced Jazz	\$57
Student Ensemble 4	\$33
<b>Pre-Professional Division</b>	
Advanced Program	\$542.22
Conservatory Program	\$666.67
<b>Adult Division</b>	
Teen Ballet (monthly)	\$173
Dance Card - 5 classes	\$70
Dance Card - 10 classes	\$130
Dance Card - 15 classes	\$180
Dance Card - 20 classes	\$220
Single Class	\$15
Single Class - Professionals	\$12
Single Class - Subscriber/Parents	\$10
Nurturing Pathways Babies	\$155
Nurturing Pathways Toddlers	\$179

<b>Student Performing Companies Fees</b>	
Student Ensemble 3	\$150
Student Ensemble 4	\$200
Repertory Ensemble	\$250
Annual Registration Fee	\$50
Parent Guild Enrichment Fund	\$20
Spring Show Fee	\$50